



The Well
CHURCH

SPIRITUAL INVENTORY

We as a church exist to see the gospel saturate people, awakening them by the glory of God to treasure Jesus as better. This vision breaks down into the progression of Gospel, Identity, Activity. As the gospel lands in our hearts it creates a new identity (worshippers, family, servant-missionaries) and compels a new activity (resting & rejoicing in the gospel, residing in community, resolving to multiply).

This personal spiritual inventory is designed to help evaluate where you are in regards to these areas of your own treasuring of Jesus (discipleship). The hope then from that is to celebrate where the Lord by His grace has grown and sanctified you as well as be able to be intentional and strategic moving forward with how to keep growing for the Lord's glory and your joy.

THE GOSPEL

	No		Yes		
	Never		Regularly		
1. I am filling my mind with truth by regularly:					
a. Reading God's Word	1	2	3	4	5
b. Meditating on God's Word	1	2	3	4	5
c. Memorizing God's Word	1	2	3	4	5
d. Learning God's Word from Others	1	2	3	4	5
2. I come away from my time with God in His Word learning and growing	1	2	3	4	5
3. I feel equipped to study the Bible and get something out of it	1	2	3	4	5
4. I genuinely want to be in God's Word and see it more often as a delight than a duty	1	2	3	4	5
5. I understand and can articulate the biblical message of the gospel	1	2	3	4	5
6. I can effectively trace the gospel story from Genesis through Revelation	1	2	3	4	5
7. I make the gospel central to my thoughts each week	1	2	3	4	5
8. I am resting in God's grace over me rather than listening to the lies of the enemy that accuse me with guilt	1	2	3	4	5
9. I use/apply the gospel when I feel spiritually attacked, tempted, or am struggling in some way	1	2	3	4	5
10. I genuinely believe and see evidence of God transforming me	1	2	3	4	5
11. I am pursuing that transformation by God's grace & the Holy Spirit more often than my own effort and flesh	1	2	3	4	5
12. I seek God's wisdom in His Word to guide and have authority over my life decisions	1	2	3	4	5

WORSHIPPERS WHO REST AND REJOICE IN THE GOSPEL

1. I am fueling my affections for God through regular:					
1. Worship & Prayer					
1. Praising God is a regular part of my personal time with Him	1	2	3	4	5
2. Prayer accompanies my time in the Word	1	2	3	4	5
3. I feel I have met with Jesus in these times	1	2	3	4	5

	No		Yes		
	Never		Regularly		
4. I frequently use time throughout the day to engage in prayer	1	2	3	4	5
5. My prayer time includes prayers for myself	1	2	3	4	5
6. My prayer for myself reaches beyond superficial needs to deeper, heart matters	1	2	3	4	5
7. My prayers contain asking for radical things impossible to man	1	2	3	4	5
8. When I pray, I genuinely anticipate God answering	1	2	3	4	5
9. In prayer I submit my will to God so that my heart may be aligned to His	1	2	3	4	5
10. I am growing in my understanding of God's character and what He has done for me in Jesus	1	2	3	4	5
11. I feel secure of my identity in God and his love for me	1	2	3	4	5
12. I am able to take my cares and needs to Him rather than worry	1	2	3	4	5
13. I can think of lessons in faith and obedience that God has taught me recently	1	2	3	4	5
14. My heart is wanting more of Jesus	1	2	3	4	5
15. Things of this world do not regularly have a grip on my heart	1	2	3	4	5
16. I have seen God's faithfulness in answered prayers recently	1	2	3	4	5
17. I have regular and spontaneous times where I get to express my gratitude and joy to God	1	2	3	4	5
18. I trust and enjoy God more often than I am weighed down with stress and anxiety from the troubles of life	1	2	3	4	5
19. I am experiencing more of the riches of Christ's life in me than I was a year ago.	1	2	3	4	5
20. I look forward to corporate worship on Sunday	1	2	3	4	5
21. I benefit from the sermons in noticeable ways	1	2	3	4	5
2. Repentance					
1. I ask for God to help me be sensitive to my sin and make me aware of my sin	1	2	3	4	5
2. When I see my sin, it grieves me	1	2	3	4	5
3. In response to my sin I go to the Lord to talk about it and repent	1	2	3	4	5
4. Repentance is a regular part of my life	1	2	3	4	5
5. In response to sin I look for ways to put it to death moving forward	1	2	3	4	5
6. In response to sin I ask God for His grace to keep changing me	1	2	3	4	5
7. I do not feel in bondage to any particular sin	1	2	3	4	5
3. Fasting					
1. Fasting is something I regularly do	1	2	3	4	5
2. When I fast, it is not to gain attention or approval from God but rather to better hear from Him and facilitate His presence and nearness.	1	2	3	4	5
4. Sabbath					
1. I weekly take time to cease mentally and physically from work	1	2	3	4	5
2. I weekly set apart time to rest in God and be recharged	1	2	3	4	5

	No		Yes		
	Never		Regularly		
5. Giving					
1. Giving to those in need is a regular practice for me	1	2	3	4	5
2. Giving to the church is a regular practice for me	1	2	3	4	5
3. When I give, it is a sacrifice that forces me to trust God	1	2	3	4	5
4. When I give, my heart is joyful & trusting God	1	2	3	4	5
5. I understand all I have belongs to God	1	2	3	4	5
6. I look to restrict my spending in order to keep my heart unattached from the things of this world and free from entitlement	1	2	3	4	5
2. I am growing in:					
1. Love: affections for God and commitment to others' good	1	2	3	4	5
2. Joy: deep-seated happiness in God	1	2	3	4	5
3. Peace & contentment: rest & security of heart	1	2	3	4	5
4. Patience: long-suffering, calmly and happily waiting	1	2	3	4	5
5. Kindness towards others	1	2	3	4	5
6. goodness: purity and wholesomeness	1	2	3	4	5
7. faithfulness: more stable, less up and down in my Christian life	1	2	3	4	5
8. gentleness: less angry and defensive	1	2	3	4	5
9. self-control: of bodily appetites and thought life	1	2	3	4	5
10. tongue-control: gossip, criticism, etc.	1	2	3	4	5
11. my understanding of my spiritual gifts	1	2	3	4	5
12. my use of my spiritual gifts	1	2	3	4	5
3. Family & Marriage					
1. I am not idolizing a perfect marriage or a future marriage but holding fast to the promises of God.	1	2	3	4	5
2. I regularly view singleness as a gift for this season and not a burden to remove immediately	1	2	3	4	5
3. I see singleness missionally and am seeking to engage those who walk closely with me with the Gospel	1	2	3	4	5
4. I see singleness not as a waiting room for greater things but as a season where God is working in me	1	2	3	4	5
5. I seek to live in community with those who are single and married, inviting both into my life	1	2	3	4	5
6. I am comfortable with my singleness while anticipating marriage	1	2	3	4	5
7. I am striving to love my spouse with God's covenant love	1	2	3	4	5
8. I am striving to lead my spouse with sacrificial love (husband)	1	2	3	4	5
9. I am striving to follow my husband's leadership with encouraging support (wife)	1	2	3	4	5
10. I pray for my spouse and his/her joy in Christ	1	2	3	4	5
11. I pray with my spouse regularly	1	2	3	4	5
12. Jesus is the center of our marriage relationship and therefore our home	1	2	3	4	5
13. I seek to pursue my spouse at a heart level	1	2	3	4	5

	No		Yes		
	Never		Regularly		
14. I seek to serve my spouse in practical ways	1	2	3	4	5
15. I seek to partner with my spouse in the running of our home	1	2	3	4	5
16. I seek to partner with my spouse in the raising of our children	1	2	3	4	5
17. We have a strong unity as a couple	1	2	3	4	5
18. We have a healthy sex life	1	2	3	4	5
19. When we sin and hurt one another we are quick to address it, forgive and cover it, and move forward in grace	1	2	3	4	5
20. We seek to commend the Lord and the gospel of Jesus to our children	1	2	3	4	5
21. We pray together regularly as a family	1	2	3	4	5
22. Our home is a safe place of freedom and refuge	1	2	3	4	5

FAMILY WHO RESIDES IN COMMUNITY

1. I am consistently connecting with the Body of Christ	1	2	3	4	5
2. I am sacrificially committed to those in my community	1	2	3	4	5
3. I regularly pray with other believers	1	2	3	4	5
4. I am interceding in prayer for other believers regularly	1	2	3	4	5
5. I am intentional with the time I have with fellow believers	1	2	3	4	5
6. I am confessing sin to other believers, seeking gospel accountability, and walking transparently in those relationships.	1	2	3	4	5
7. I am encouraging others in my community	1	2	3	4	5
8. I speak truth to exhort, comfort, or correct others in my community	1	2	3	4	5
9. I receive truth for exhortation, comfort, or correction from others in my community	1	2	3	4	5

SERVANT-MISSIONARIES WHO RESOLVE TO MULTIPLY

1. I am praying for those in my life who do not know Jesus	1	2	3	4	5
2. I am hopeful about those people coming to know Christ	1	2	3	4	5
3. I am praying for opportunities to share the gospel with them	1	2	3	4	5
4. I have been seeking out kingdom opportunities to share the gospel	1	2	3	4	5
5. I am able to see how I can be a servant-missionary in my occupation	1	2	3	4	5
6. I am comfortable talking about God to people who are not believers	1	2	3	4	5
7. I have shared the gospel with at least one unbeliever since I have been saved	1	2	3	4	5
8. When I talk of God, I seek to proclaim Him rather than explain Him	1	2	3	4	5
9. My life to outsiders is consistent with the message of the gospel	1	2	3	4	5
10. When I speak about Jesus I do so boldly without shrinking back in fear or watering down His message	1	2	3	4	5
11. I view unbelievers with compassion not inferiority	1	2	3	4	5
12. I feel urgency to share the gospel with unbelievers	1	2	3	4	5

	No		Yes		
	Never		Regularly		
13. My motivation for sharing the gospel is God's own love for me in the gospel and a desire to see His glory as others are reconciled to Him as I have been rather than out of duty, guilt, etc.	1	2	3	4	5
14. I am serving and using my gifts and passions in the local church	1	2	3	4	5
15. I am serving and building relationships with my literal neighbors	1	2	3	4	5
16. I am active in social justice causes (prayer, giving, letter, serve, etc.)	1	2	3	4	5
17. I am seeking to serve the poor	1	2	3	4	5
18. I am praying for our nation and spiritual revival in it	1	2	3	4	5
19. I am praying for nations and peoples outside of the US and for spiritual revival in them	1	2	3	4	5
20. I am looking for ways to go or support global missions	1	2	3	4	5
21. I am willing to go and do whatever He calls me to	1	2	3	4	5
22. I have discipled someone else since becoming a Christian	1	2	3	4	5
23. I am discipling someone else currently	1	2	3	4	5

EVALUATING THE RESULTS

Processing through the results of your inventory is an important step in effectively gleaning what you need to from this exercise. As you take the survey and even in the moments afterwards it is best to do so prayerfully, inviting the Holy Spirit to lead your responses as well as your initial thoughts. To help you best summarize the results and identify which areas are healthy and which need growth, use the following two methods:

1. By question: It can be helpful to pinpoint which specific questions produced a response on 1 end of the spectrum. Do this by:
 - First noting all the questions you answered (1) or (5) to. Obviously these are areas you can easily identify as healthy or in need of attention.
 - If you don't have many responses of (1) or (5), move to the ones you answered (2) and (4) and look closer there.
2. By section: To best understand what mark of a disciple you are strongest and weakest in, begin by adding up the total points in each section. Then divide that by the # of questions in that section to get an average. Compare the averages:
 - GOSPEL: Total Points _____ / # of questions 15 = Average _____
 - WORSHIPPERS: Total Points _____ / # of questions 72 = Average _____
 - FAMILY: Total Points _____ / # of questions 9 = Average _____
 - SERVANT MISSIONARIES: Total Points _____ / # of questions 23 = Average _____

* As a heart-level reminder, the aim in all this is not to generate pride or promote legalism, which can easily come through such objective, numerical exercises. Rather the hope is to foster a grace-driven, affectionate pursuit of Jesus.

PROCESSING IN COMMUNITY

The first step of utilizing this in your gospel community or with someone you're discipling is to of course have everyone complete it. It should take 5-15 minutes depending on how analytical you are. This can be done in group time, or as something to do during the week so that there is more time to process. Either way, the goal is to glean from it both areas of health and areas that need growth.

A major part in gleaning all you can from it is processing it in community. The benefit that other people's perspectives, own confessions, and encouragements to you bring is invaluable and a part of God's grace to you. So take an entire meeting and devote to taking it, sharing insights from it, and processing it out together. Notice common threads. Encourage one another. Listen well and take mental notes as people are going to give you the areas in which you can help disciple them (and vice versa). Lastly, it's great to end with thinking about where you want to be in 6 months or a year and how you can take steps to get there.